

Tell Your Friends

We serve alcohol from 11am on Saturday and from 12 on Sunday **100% Vegan from kitchen to bar**

Cocktails

| | |
|---------------------|-----|
| TYF Margarita | 8.5 |
| Rhubarb Royale | 9 |
| TYF Sour | 9.5 |
| Espresso Martini | 9 |
| TYF Bloody Mary | 8 |
| Elderflower Mojito | 8.5 |
| TYF Guilty Pleasure | 9.5 |

Seedlip Mocktails 7.5

Mr Howard
 Spice 94. pink grapefruit, star anise
 The Peel
 Grove 42. carrot, apple, & ginger
 Fennel Spritz
 Garden 108. fennel spritz

Brunch till 4pm

| | |
|---|------|
| Full English <i>Sausages, aubergine bacon, sautéed mushroom, grilled tomato, house baked beans, ackee 'scrambled eggs', hash brown, sourdough & coconut butter</i> | 13.5 |
| Smashed avocado <i>Smashed avocado, sourdough, toasted seeds</i> | 8.5 |
| <i>Add +2 each</i> <i>Aubergine bacon, ackee scrambled eggs, grilled tomato, sautéed mushroom</i> | |
| Ackee scrambled eggs <i>Marinated in black salt, turmeric & pepper with baby spinach & sourdough</i> | 9.5 |
| <i>Add +2 each</i> <i>Aubergine bacon, grilled tomato, sautéed mushroom</i> | |
| Fluffy scotch pancakes <i>Chocolate: Dark chocolate spread, candied nut crumble, banana</i> <i>Sweet: Fresh berries, coconut yoghurt & maple syrup</i> | 9 |
| Super chia pudding (GIF) <i>Maca & lucuma infused almond milk, berry compote with granola</i> | 7.5 |

To Share

| | |
|--|-----|
| Olives / Pickles / Smoked Almonds | 2.5 |
| The Nacho Bowl (GIF) <i>Frijoles, chipotle "cheese" sauce, smashed avocado & chillies</i> | 13 |

Menu

Small Plates

| | |
|---|--------------|
| 'Chicken' bites (GIF) <i>Hemp & sunflower crumbed jackfruit bites with BBQ sauce</i> | 6.5 |
| Roasted padron peppers (GIF) | 4.5 |
| Mushroom & bamboo shoot gyoza <i>Spring onion & sweet sesame sauce</i> | 6 |
| Mac'n'Cheese <i>Go large</i> | 6.5 10.75 |

Mains

| | |
|--|------|
| The Winter Buddha (GIF) <i>Quinoa baked tofu, sweet potato, kimchi, roasted celeriac, steamed kale, avocado, toasted seeds, sesame & chestnut, miso sambal dressing</i> | 13 |
| Pan-fried gnocchi <i>Sun-dried tomato, artichoke heart, black olives, hemp seed pesto</i> | 12.5 |
| Moving Mountains burger <i>Moving mountains B12 burger, cheddar cashew cheese, salad, pickled slaw, sun-dried tomato ketchup, chips</i> | 14.5 |
| <i>Double up patty</i> | +3 |
| <i>+ Mac'n'Cheese</i> | +3 |

Sides 3.5 each

Triple cooked chips / Side salad / Chilli kale
 Plantain chips / Creamy garlic truffle mash /
 Sesame tenderstem broccoli

Allergen information is available upon request - please notify staff if you have any dietary requirements.

Due to nuts featuring heavily in our vegan menu, we are unable to guarantee there is no cross contamination, but several dishes do not contain nuts. (GIF) Gluten ingredient free.

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What's on

Wine Wednesdays // Happy Thursdays

Celebrate hump day in style with £10 off any bottle of wine... throughout the day!
Join us for 24! cocktails Thursday nights till 10pm



We open everyday for breakfast

Did you know that not only we do our famous brunch on the weekend till 4pm but that our breakfast menu is available from Monday to Friday from 10am until 12



Sunday roasts are here!

Winter is coming and we are ready for it - join us every Sunday for an all day vegan roast galore!
Need we say more? We do brunch too!

You can choose from 3 mouth-watering options, all made from scratch in our kitchen:

- ± Green lentil and oat baked loaf
- ± Seitan roast
- ± Stuffed Portobello mushroom *(gluten ingredient free)*



Get 'Appy

Join us on the City Pub app to pay at the table & earn fab rewards



TYF x VALENTINES

Join us for an indulgent valentines set menu in the restaurant- book your table online! Or join us in the studio for our cheesy supper club (and a chocolate fondue!!)

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